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Tae Kwon Do  
 Class Schedule  
 Effective May 26th, 2019

**You'll get a KICK out of our incredible Tae Kwon Do programs!**

Tae Kwon Do is a Korean martial art that emphasizes both mental and physical development. Students learn a variety of positive values and skills that can be applied to all areas of life including home, school, work and play.

Day of week	3:30pm-4:15pm	4:15pm-5:00pm	5:00pm-5:45pm	5:45pm-6:30pm	6:30pm-7:15pm
Monday	Little Ninjas Beginner	Little Ninjas Intermediate/Advanced	White Belt, Orange Belt	Weapons	Sparring
Tuesday	Little Ninjas Intermediate/Advanced	Little Ninjas Beginner	Gold Belt, Purple Belt	Brown & Brown I Belt, Red & Red I Belt	Black Belt
Wednesday	Little Ninjas Beginner	Little Ninjas Intermediate/Advanced	White Belt, Orange Belt	Green Belt, Blue Belt	Red / Black Belt
Thursday	Little Ninjas Intermediate/Advanced	Little Ninjas Beginner	Gold Belt, Purple Belt	Brown & Brown I Belt, Red & Red I Belt	Black Belt
Friday	Little Ninjas Beginner	Little Ninjas Intermediate/Advanced	White Belt, Orange Belt	Green Belt, Blue Belt	Red / Black Belt
	9:00am-9:45am	9:45am-10:30am	10:30am-11:15am	11:15am-12:00pm	
Saturday	Little Ninjas (All Levels)	Brown & Brown I Belt, Red & Red I Belt	Red / Black Belt	Black Belt	

\*NOTE: Not all times are currently available

**Levels**

- Little Ninjas Beginners - White Ninja, Orange Ninja, Gold Ninja
- Little Ninjas Intermediate - Purple Ninja, Green Ninja, Blue Ninja
- Little Ninjas Advanced - Brown Ninja, Red Ninja, Black Ninja
- Beginner Level - White, Orange Belt
- Intermediate Level - Gold, Purple, Green, Blue Belt
- Advanced Level - Brown, Brown 1, Red, Red 1, Red / Black, Black Belt

\*Weapons: Must be a Junior Intermediate rank or higher.

\*\*Sparring: Must be a Junior Advanced rank or higher.

Weapons and Sparring classes are separate from regular classes. Monthly tuition with 10% multi-class discount required.

**Monthly Program Fees**

Little Ninjas	\$118
Beginner	\$151
Intermediate	\$164
Advanced	\$174
Weapons	\$174
Sparring	\$174

**Testing Fees**

Little Ninjas	\$30
Beginner	\$40
Intermediate	\$50
Advanced	\$60

**Annual Membership**

Single	\$50
Family	\$75

**Twisters Uniform \$40**

**10% off additional classes!**  
**10% off siblings!**





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Tae Kwon Do  
Policies & Procedures

### Levels

- Little Ninjas Beginners - White Ninja, Orange Ninja, Gold Ninja
- Little Ninjas Intermediate - Purple Ninja, Green Ninja, Blue Ninja
- Little Ninjas Advanced - Brown Ninja, Red Ninja, Black Ninja
- Beginner Level - White, Orange Belt
- Intermediate Level - Gold, Purple, Green, Blue Belt
- Advanced Level - Brown, Brown 1, Red, Red 1, Red / Black, Black Belt

### Tae Kwon Do Rules

- Students must arrive 5-10 minutes early
- Students cannot take class if more than 15 minutes late
- Full uniform must be worn unless specified by instructor
- Girls are required to wear a solid white shirt or Twisters TKD shirt underneath uniform (optional for boys)
- No food is allowed in the Tae Kwon Do room; only covered/bottled drinks allowed
- After class, students are required to wait inside the building until parents arrive
- Uniforms should be clean at all times
- No jewelry or watches allowed

### Make-Ups

- No make-ups; this is an unlimited program
- You may attend classes that are at your level or lower
- Higher level classes must have instructor's approval
- Lower level classes will be treated as a brush up to mastering techniques or for student test preparation

### Trial Classes

- Three trial classes per student
- First trial class is one-on-one with the instructor
- Second trial class is one-on-one with the instructor to demonstrate what the student has learned
- Final trial takes place in a class environment during regular class time

### Student Testing

- Test attendance is mandatory
- All tests must be pre-paid by the due date indicated on the testing form
- Students are eligible to test for the next belt level when they have earned five belt stripes
- A request must be made in advance to set up a private test if you cannot make a scheduled test date